

Healthy Living Centre, Grimsby

Hodson Architects were engaged to undertake a feasibility study on behalf of Grimsby Yoga & Meditation Centre (GYMC) which focused on the provision of new premises for the group.

The scheme is based on two components. The first is a sympathetic refurbishment of the existing building including the reinstatement of certain detail features (rainwater goods, windows). Rooms within the existing lodge are left largely untouched, the scale and size of rooms being commensurate with many room requirements of the brief.

The second element is arranged as a pair of single storey linked pavillions around a courtyard/cloister. They link to the existing building through the southerly elevation of the main lodge and are therefore largely unseen from the access route into the cemetery. The cloister around the courtyard is an important element within the building offering the opportunity for contemplation and informal encounters with other users. The courtyard is an attractive focal point and usable 'outdoor room' with deck areas and fragrant planting. The pavillions and linking cloister are of timber framed construction with large areas of glazing timber cladding, the roofs are copper clad.

Completion – Autumn 2008
Value - £400,000

